

PCEA TODAY

Professional Construction Estimators Association CSRA Chapter

January 2023

David Eller, President

Message from the **President**

All the decorations have been packed away, the leftovers are eaten, and the last of 2022 is behind us. Here at PCEA, we are looking forward to a prosperous and busy 2023, with goals of robust and personal member collaboration, diversification of trades among our members, and frequent and engaging social events.

For those of you new to the organization, we are a tightknit group of professionals who promote construction education through our scholarship programs, monthly meetings, networking, and community events. The upcoming scholarship application deadline is March 31, 2023 – so please help us spread the word to deserving students by reviewing the application that can be found here.

We wish all our members and readers a joyous and happy new year, and we look forward to seeing you at our membership meeting on January 12. Meetings are held every 2nd Thursday at Fat Man's Café, 1450 Greene Street in Augusta.



Join Augusta and the Augusta branch of the NAACP in celebrating the life and legacy of civil rights icon Dr. Martin Luther King, Jr., during the annual Martin Luther King Jr. Parade set for Saturday, January 14, 2023. The parade begins at 1:00 pm and will start at Dyess Park Community Center, located at 902 James Brown Blvd. The parade will proceed south on James Brown Blvd., then west onto Wrightsboro Road, north onto Augusta Ave., east onto Laney Walker Blvd., and then north onto 11th Street to Johnson Motors..



Happy New Year from PCEA! Even in astronomy, there is a sense of new beginnings. The days are starting to get longer again as we look forward to the light's re-emergence. January is also the best time to start planning your garden for the upcoming season.

Professional Challenge

Look to the experts for aspirational fulfillment

It seems like the only thing more popular than making new year's resolutions is breaking them. We've all likely done it – set a huge, lofty goal for ourselves on December 31 only to have it forgotten by February 1. However, there are some research-backed methods to help us make a better life for ourselves:

One widely accepted technique is the <u>S.M.A.R.T.</u> method of achieving goals. Objectives should be <u>Specific</u> in nature. That is, rather than setting a goal to "get fit" in 2023, break that down into more specific goals, like walking with a friend three times a week and substituting sodas with flavored water for a month. Your goals should be <u>Measurable</u>. Ask yourself, "How much or how many?" and, "How will I know when this goal is accomplished?". If your goal is to save more money this year, set a specific amount based on your pay period that you

will set aside, and keep a regular log of whether you achieved that goal. Seeing results, whether successful or not, will help keep you motivated. Goal-setting should also be **Achievable.** Make the goal hard to reach, but not impossible. Break the larger goal into smaller, digestible pieces that you can track. If your goal is to be more active, set a goal of spending 30 minutes outdoors every workday. Plan activities that interest you so you'll be more likely to do them. **Relevance** is also a key determination of whether you stick with a goal. When creating a goal, ask yourself, "What will be the *most* beneficial?" and "Is there a *more* relevant goal?". Lastly, good goals have a **Timeline.** Without a deadline, goals tend to evaporate into the expanse. Set a longterm due date with shorter, interval goals in between. More info and a worksheet on SMART goals can be found here.

Around Town

January 16, 2023

35th MLK Memorial Celebration
The Augusta Chorale of Georgia,
accompanied by the Aiken Civic
Orchestra, will be celebrating the life and
legacy of Dr. Martin Luther King, Jr. at
Abilene Baptist Church at 3917
Washington road from 12:00 to 2:00 on
Monday, Jan. 16th. For more
information, visit
www.augustachorale.org.

\$CASH\$

Monthly Meeting Reminder

Remember to bring cash to our monthly membership meetings. We will be incorporating FUNdraisers into our meetings, with chances to win cash and/or prizes.

Fun Fact

Named for the Roman god Janus, protector of gates and doorways. Janus is depicted with two faces, one looking into the past, the other into the future. In ancient Roman times, the gates of the temple of Janus were open in times of war and closed in times of peace.



Member Spotlight – Kat Sanders, PMP

Managing commercial renovations in the CSRA and beyond

Project Manager, Centennial Contractors Enterprises, Inc. <u>ksanders@cce-inc.com</u> 706-969-5054

As one of the newer PCEA members (joining in early 2022), Kat has worked to enhance the digital presence of the group through our website, newsletter, and LinkedIn posts.

Kat is a CSRA native, graduating from Augusta University with a bachelor's degree in English literature. She currently resides in North Augusta, SC, with her husband Jon and mother Katie.

Kat's resume is diverse, with her entry into project management starting while she was in college. After a successful stretch as a technical researcher and proposal director for a cell tower consultant, she held several other positions in manufacturing and specialty landscaping before finally finding a home in the construction field.

In her role as project manager at Centennial, Kat creates and develops relationships with myriad owners and owner types. From the initial walkthrough of a potential project to closeout documents, Kat is involved in every step of the construction process.

Kat earned her Project Management Professional certification in 2020 and is also involved in Rotary and Junior League of Augusta.

Away from her desk, Kat is a dedicated wife and caretaker for her mother. She enjoys time spent with her extended family and attending concerts and other live entertainment. On weekends, you may find her on a geocaching adventure, roller skating, bowling, hiking, or playing board games with friends.

For more information on Centennial Contractors Enterprises, Inc., visit their website below:

www.cce-inc.com

Kat's advice for those considering entering the construction field:

"The backbone of successful construction management is building and maintaining relationships. Always act as a good steward for your owners, respect your subcontractors, and listen to the trade experts."

On Kat's music playlist: Van Morrison, Monster Truck, Regina Spektor, Blackberry Smoke, Brandon Flowers

JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day	2	3	4 BOARD EVENT Board Meeting 8:AM Sunrise Grill 3830 Washington Rd Martinez, GA 30907	5	6	7
8	9	10	11	12 PCEA EVENT Membership Meeting 11:45 AM Fat Man's Café 1450 Greene St. Augusta, GA 30901	13	14
15	16 ML King Day	17	18	19	20	21
22 Lunar New Year **2023 HAPPY CHINESE NEW YEAR ***	23	24	25 BOARD EVENT Board Meeting 8:AM Sunrise Grill 3830 Washington Rd Martinez, GA 30907	26	27	28
29 Happy Birthday, Quentin Cooks		31				
		December 202 S M T W Th 4 5 6 7 8 11 12 13 14 15 18 19 20 21 22 25 26 27 28 29	F Sa S M 2 3 9 10 5 6 16 17 12 13 23 24 19 20	1 2 3 4 7 8 9 10 11 14 15 16 17 18 21 22 23 24 25	Notes: Save the Date! February 9 - Time TBD Social Event: Blast from the Past	

PCEA TODAY

Member Meeting Thursday, Jan. 12

Members and guests are welcome to join us this coming Thursday at 11:45 as we enjoy fellowship and lunch at Fat Man's Café and Catering, located at 1450 Greene Street in Augusta, GA.



Our guest speaker will be Tabitha Hollimon, CFO, EA, MBA, Founder and President of Virtual Tax & Consulting, LLC. Tabitha will be presenting information on her experience managing cash flow, small business bookkeeping, tax updates, and business accounting.

https://www.linkedin.com/in/tabitha-hollimon/

Board & Committee Meetings

The Board of Directors will meet <u>Wednesday January 25th at 8:00 AM</u> at Sunrise Grill, 3830 Washington Road, Suite 10 in Martinez to discuss chapter business.

PCEA of the CSRA 2022-2023 Board of Directors

President David Eller Georgia Drywall, LLC

1st Vice President Mark Stephens Cost Segregation Services

2nd Vice President Steve Munn MAI Risk Advisors

Secretary Sara Lord Transitional

Treasurer Robert Stanvitch Thomas Concrete

National Director Steve Munn MAI Risk Advisors

PCEA Contact Info & Links

www.pcea-csra.org - CSRA Chapter Website

www.pcea.org - National Website

Contact David Eller, 706-799-6419 or david@gadwinc.com for general information and the Golf Tournament.

Contact Kat Sanders, 706-969-5054, <u>ksanders@cce-inc.com</u> for more information about advertising in our newsletter.

Please e-mail Vic Markwalter <u>vic@duckdllc.com</u> for scholarship information. Scholarship applications will be distributed to CSRA High Schools in the Spring.

PCEA Supporters





Kat Sanders, PMP (706) 969-5054 ksanders@cce-inc.com www.cce-inc.com



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WHERE IT'S THE ROOF, THE WHOLE ROOF AND NOTHING BUT THE ROOF.

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Salesman

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Off Office: 706-364-8406
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